



Circle of Friends®

Feeling lonely or isolated?
Are you in need of support?

The group will be initially structured to meet for 6 weeks on a once a week basis with a facilitator who will guide the group in discussion, activities, and fun. Activities and discussions are based on participants interests.

Are you feeling isolated or lonely? Are you new to the area and looking to connect? Have you gotten separated from your social life during Covid?

The Circle of Friends group is geared towards older adults (aged 65+) in need of more social support and connection to their community.

Questions? Want to join us?

Call 503-625-5644

